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## **BOC Certified Orthotic Fitter Scope of Practice**

### **I. Definitions**

#### **A. Practice of Orthotics**

Orthotics is the practice, pursuant to a physician's order, of addressing medical conditions of the lower limbs, upper limbs and spinal anatomical structure. Drawing on knowledge of biomechanics and a variety of devices and components, the Orthotic Fitter may measure, fit and adjust prefabricated orthoses appropriate to the conditions presented. Follow-up appointments are required to evaluate the efficacy of the orthosis, make adjustments/service the devices as necessary and promote patient compliance with the goal of achieving desired outcomes.

#### **B. Certified Orthotic Fitter**

A BOC Certified Orthotic Fitter is a professional whose competence in fitting prefabricated orthoses is evaluated and verified by the Board of Certification/Accreditation, International.

#### **C. Orthotic Devices**

"Orthotic Devices/Modalities" include ankle-foot orthosis, knee-ankle-foot orthosis, hip-knee-ankle-foot orthosis, hip orthosis, knee orthosis, cervical orthosis, thoracic and lumbar orthosis, wrist-hand orthosis, shoulder-elbow orthosis, foot orthosis (including diabetic conditions), gradient compression garments and mastectomy supplies. An Orthotic Fitter fits prefabricated orthotic devices designed to provide for the support, alignment, prevention, and/or correction of neuromuscular or musculoskeletal disease, injury or deformity.

### **II. General Requirements for a Certified Orthotic Fitter**

To become certified as an Orthotic Fitter, a candidate must meet initial educational requirements and pass a comprehensive written Multiple Choice exam (MCE) given by the Board of Certification/ Accreditation, International (BOC), which is accredited by the National Commission for Certifying Agencies. Once certified, an Orthotic Fitter must meet continuing education and annual renewal requirements to maintain BOC certification. The BOC-certified Orthotic Fitter must also adhere to a code of ethics designed to ensure a comprehensive scope of professional competence and deportment. A certified Orthotic Fitter's activities must reflect his/her certification(s) and education.

### **III. Roles of an Orthotic Fitter**

#### **Patient Assessment**

Ascertain physician/clinician's diagnosis, gather information, examine patient, and evaluate. Determine patient's realistic expectations and consult with clinician as appropriate. A clinician is defined as any healthcare provider who has the legal and/or licensed authority in the state to order or prescribe medical care.

**Implementation**

Select appropriate orthosis, device(s), measure, assemble, and apply orthosis to patient. Modify, adjust and conduct trial fittings. Facilitate patient's understanding and conduct appropriate follow-up. Orthotic Fitters are authorized to treat primary diagnoses as provided by the physician/clinician.

**Practice Management**

Comply with universal precaution procedures and occupational safety and health rules. Document all patient matters and communicate with other professionals.

**Professional Development and Responsibility**

Adhere to legal and ethical Scope of Practice, participate in continuing education, fulfill civic responsibilities, participate in research as appropriate, and educate the public and health professionals on available orthotic services. Refer to allied healthcare practitioners when patient/customer presents with medical conditions that require custom fabricated orthotic devices or prefabricated orthoses that are outside of this scope of practice.